



SISTERS OF SAINT JOSEPH
CENTER FOR SPIRITUALITY

Lenten Silent Directed Retreat

March 24-26, 2023 • Arrival any time after 4:00 PM on March 24th



We seek to be ever more attuned to the God who continually invites us to solitude in the sacred rhythm of silence and rest. Spiritual Direction is offered on Saturday.

Directors:

Carol Beevers SSJ
Joannie Cassidy SSJ
Mary Kay Flannery SSJ
Ruthnn O'Mara SSJ
Mary Polinni

Ways to Register and Participate:

- Registration: \$250.00 for the weekend

To register for the **Lenten Silent Directed Retreat** please email S. Joannie Cassidy at jlc.cassidy@gmail.com or call (732) 898-9981.

Easter Triduum Days of Quiet and Prayer

April 5-8, 2023 • Arrival any time after 3:30 PM on April 5th

Come for some days of quiet and solitude in an atmosphere of silence during the Easter Triduum.

Ways to Register and Participate:

- Registration: \$250.00 for a three-night, four-day stay with meals

To register for the **Easter Triduum** please email S. Joannie Cassidy at jlc.cassidy@gmail.com or call (732) 898-9981.